

# Exam Practice Guide

## Unit 1

## Health & Human Development Examination Questions

### Key Features:

- ✓ 24 original examination style questions on all examinable topics.
- ✓ Full solutions and a marking guide to all questions.
- ✓ Separated into key topic areas within each Area of Study, enabling students to master one topic at a time.
- ✓ Written by VCE assessors who mark the real examinations.
- ✓ Excellent resource for examination practice.

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***Helping VCE students be the best they can be.***

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SAMPLE

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## AREA OF STUDY 1: Understanding Youth Health and Human Development

### Topic 1 – Dimensions of Health and Measurements of Health Status

#### Question 1

- a. When talking about youth health issues, the term health status is often used. Explain what the term health status means:

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1 mark

- b. List three methods of determining health status.

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3 marks

- c. Compare mortality rate and morbidity rate:

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2 marks

#### Question 2

- a. State the World Health Organisation's (WHO) definition of health.

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2 marks

- b. Explain the limitations of the above definition.

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2 marks

- c. There are three dimensions of health. Good health is more than just being physically healthy. Define the social and mental dimensions of health.

Social:

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1 mark

Mental:

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1 mark

- d. Define Individual Human Development

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3 marks

- e. Explain the term 'burden of disease', and outline how it is measured.

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4 marks