

# VCE HHD, PE & Outdoor & ES Teacher Resources 2024

## Details and Order Form



**NEW TEACH YOURSELF VIDEO SERIES (TYS-VS) -**  
*School license expires end of study design for each subject!*

**NEW STUDY DESIGN FOR 2024!**  
• **Outdoor & Environmental Studies**

**NEW MATERIAL PRODUCED EVERY YEAR!**  
**KTT, TETs & Trial Exam Papers!**

**Your comprehensive guide to quality VCE Health & Human Development, Physical Education and Outdoor & Environmental Studies resources, including:**

- **Trial examination papers for Units 1 to 4**
- **Targeted Evaluation Tasks (TETs) for SACs for Units 1 to 4**
- **Key Topic Tests (KTT) for Units 1 to 4**
- **Teach Yourself Series (TYS) for Topics in Units 1 to 4**
- **Teach Yourself Video Series (TYS-VS) for Topics in Units 1 to 4**
- **Exclusively produced for schools, for VCE Health & Human Development, Physical Education and Outdoor & Environmental Studies**
- **Earlier release dates than any other provider**
- **Multi-format Access on CD Rom, Email or Hard copy**
- **Copyright Free for the purchasing school:** No copyright charges for content used solely by teachers and students at the purchasing school.
- **Expertly Prepared Resources:** All TSSM resources are prepared by senior VCE teachers, assessors, state reviewers and published VCE authors. They are then proof read by a second group of experts for quality control.

### **Teach Yourself Series (TYS) & NEW Teach Yourself Video Series (TYS-VS) for Topics in Units 1 to 4:**

Each subject contains several key topics that are crucial for exam success in VCE Units 1 to 4. The TYS presents theory, questions and solutions in a stand alone booklet on each Topic, ideal for self-paced learning.

The **NEW TYS-VS** is a 30 to 90 minute video tutorial, thoroughly teaching, reviewing and explaining each topic offered in the TYS. The TYS and TYS-VS are powerful study, revision and consolidation tools that improve the students' understanding of each concept resulting in improved grades.

- **Addresses the VCAA's Curriculum Criteria**
- **Early Release Dates** – February 7, 2024.
- **Comprehensive Solutions** – detailed solutions or response guides.
- **Current Study Design** – the TYS and TYS-VS are periodically released when the study design for a subject changes, ensuring that all changes are reflected.
- **One School License per Subject** – The TYS-VS is offered on a license basis to the purchasing school, expiring at the end of the current study design for each subject. Only one license is needed per subject per school for all students attending the school and for the entire length of the study design!

**Order today! TYS and TYS-VS available from February 7, 2024.**

### **Key Topic Tests (KTT) Units 1 to 4:**

Each KTT is a 45 minute diagnosis of a Key Topic area of each Unit, to monitor the progress of the student's understanding of each Topic within each Unit of study, available for Units 1 to 4.

The KTT are a powerful tool for teachers to monitor the progress of their students, progressively throughout the year, topic by topic.

- **Addresses the VCAA's Curriculum Criteria**
- **Early Release Dates** – TSSM's KTT are released February 7, 2024 for Units 1 and 3 KTT and May 22, 2024 for Units 2 and 4 KTT.
- **Comprehensive Marking Guides** – including fully worked solutions.
- **New Material Every Year** – we produce a new set of KTT for each unit of each subject annually ensuring that all study design changes are reflected. This also ensures that teachers have access to a library of new resources that grows every year.

**Units 1 and 3 KTT available from February 7, 2024. Units 2 and 4 KTT available from May 22, 2024.**

### **Targeted Evaluation Tasks (TETs) Units 1 to 4 for School-assessed Coursework:**

- **Address VCAA's School – assessed Coursework Requirements**
- **Early Release Dates** – TSSM's TETs are released earlier than any other educational provider. Release dates: February 7, 2024 for Units 1 and 3 TETs and May 22, 2024 for Units 2 and 4 TETs.
- **Comprehensive Marking Guides** – including fully worked solutions or response guides.
- **New Material Every Year** – we produce a new set of TETs for each unit of each subject annually ensuring that all study design changes are reflected. This also ensures that teachers have access to a library of new resources that grows every year.

**Order today! Units 1 and 3 TETs available from February 7, 2024. Units 2 and 4 TETs available from May 22, 2024.**

### **Trial Exam Papers Units 1 to 4:**

- **Unit 3 Trial Exam papers** are available for; Health & Human Development, Physical Education and Outdoor & Environmental Studies.
- **Address VCAA's Examination Assessment Criteria**
- **Early Release Dates** – TSSM's Trial Exam papers are released earlier than other Victorian trial exam papers. All Units 1 to 4 Trial Exam papers are released on April 15, 2024.
- **Comprehensive Marking Guides** – including fully worked solutions to all questions, including multiple choice questions.
- **New Material Every Year** – we produce a new set of Trial Exam papers for each unit of each subject annually ensuring that all study design changes are reflected. This also ensures that teachers have access to a library of new resources that grows every year.
- **Upload Trial Exam Papers** – Schools are welcome to upload TSSM's Trial Exam papers onto the school's intranet.

**Order today! Units 1 to 4 Trial Exam papers are available from April 15, 2024.**

# Order Form 2024

Further information on all TSSM VCE Teacher Resources is available at [www.tssm.com.au](http://www.tssm.com.au), including specific titles of Targeted Evaluation Tasks (TETs) for School-assessed Coursework and the Key Topic Tests (KTT).

TSSM also offers a 2024 Unit 3 Trial Exam Paper for Health & Human Development, Physical Education and Outdoor & Environmental Studies (90 minutes each), giving teachers an opportunity to evaluate their students' progress after the completion of the Unit 3 content.

VCE HEALTH & HUMAN DEVELOPMENT RESOURCES - ALL UNITS 1 TO 4 RESOURCES WRITTEN NEW EVERY YEAR!	PRODUCT CODE	QTY	RRP (\$)	TOTAL (\$)
Unit 1 - Health & Human Development - Trial Examination 1	STE/UIIHH1		80.00	
Unit 1 - Health & Human Development TETs for SACs (6 SACs)	TET/UIIHD		125.00	
Unit 1 - Health & Human Development - Key Topic Tests (7 Tests)	KTT/UIIHD		135.00	
Unit 2 - Health & Human Development - Trial Examination 2	STE/U2HHD2		80.00	
Unit 2 - Health & Human Development TETs for SACs (6 SACs)	TET/U2HHD		125.00	
Unit 2 - Health & Human Development - Key Topic Tests (8 Tests)	KTT/U2HHD		150.00	
Unit 3 - Health & Human Development - Trial Examination	STE/U3HHD		90.00	
Unit 3 - Health & Human Development TETs for SACs (6 SACs)	TET/U3HHD		125.00	
Unit 3 - Health & Human Development - Key Topic Tests (10 Tests)	KTT/U3HHD		170.00	
Unit 4 - Health & Human Development TETs for SACs (6 SACs)	TET/U4HHD		125.00	
Unit 4 - Health & Human Development - Key Topic Tests (7 Tests)	KTT/U4HHD		135.00	
Units 3 & 4 - Health & Human Development - Trial Examination	STE/U34HHD		95.00	
<b>EXAM PACKAGE</b> - Units 3 & 4 - Health & Human Development - Trial Exams (TSSM's 2009-2017 Trial Exam Papers have been updated for the new study design - package includes 9 trial exam papers)	STE/U34HHD0917		415.00	

TYS-Video Series (TYS-VS) & TYS Topic Titles for Health & Human Development	PRODUCT CODE	QTY	RRP (\$)	PRODUCT CODE	QTY	RRP (\$)	TOTAL (\$)
Topic 1 - Health and wellbeing (Units 1 & 3)	TYS-VS/HHD1		54.95	TYS/HHD1		10.95	
Topic 2 - The health status of Australia's youth (Unit 1)	TYS-VS/HHD2		54.95	TYS/HHD2		10.95	
Topic 3 - Major nutrients important for health and wellbeing (Unit 1)	TYS-VS/HHD3		54.95	TYS/HHD3		10.95	
Topic 4 - Food selection models (Unit 1)	TYS-VS/HHD4		54.95	TYS/HHD4		10.95	
Topic 5 - Advertisements and social media in evaluating nutrition information (Unit 1)	TYS-VS/HHD5		54.95	TYS/HHD5		10.95	
Topic 6 - Youth and adulthood stages of the lifespan (Unit 2)	TYS-VS/HHD6		54.95	TYS/HHD6		10.95	
Topic 7 - Prenatal development (Unit 2)	TYS-VS/HHD7		54.95	TYS/HHD7		10.95	
Topic 8 - Health care in Australia (Unit 2)	TYS-VS/HHD8		54.95	TYS/HHD8		10.95	
Topic 9 - Measuring health status (Unit 3)	TYS-VS/HHD9		54.95	TYS/HHD9		10.95	
Topic 10 - Population groups (Unit 3)	TYS-VS/HHD10		54.95	TYS/HHD10		10.95	
Topic 11 - Health status & burden of disease (Unit 3)	TYS-VS/HHD11		54.95	TYS/HHD11		10.95	
Topic 12 - Improvements in Australia's health status (Unit 3)	TYS-VS/HHD12		54.95	TYS/HHD12		10.95	
Topic 13 - Australia's health system (Unit 3)	TYS-VS/HHD13		54.95	TYS/HHD13		10.95	
Topic 14 - Australian dietary guidelines & Nutrition Australia (Unit 3)	TYS-VS/HHD14		54.95	TYS/HHD14		10.95	
Topic 15 - High, middle and low income countries (Unit 4)	TYS-VS/HHD15		54.95	TYS/HHD15		10.95	
Topic 16 - Human development (Units 2 & 4)	TYS-VS/HHD16		54.95	TYS/HHD16		10.95	
Topic 17 - UN's Sustainable Development Goals (Unit 4)	TYS-VS/HHD17		54.95	TYS/HHD17		10.95	
Topic 18 - The World Health Organisation (Unit 4)	TYS-VS/HHD18		54.95	TYS/HHD18		10.95	
Topic 19 - Australia's Aid Program (Unit 4)	TYS-VS/HHD19		54.95	TYS/HHD19		10.95	
<b>Special Offers for TYS-VS &amp; TYS:</b> Order all Health & Human Development Topics 1 to 19	TYS-VS/HHDALL		949.00	TYS/HHDALL		175.00	

VCE PHYSICAL EDUCATION RESOURCES - ALL UNITS 1 TO 4 RESOURCES WRITTEN NEW EVERY YEAR!	PRODUCT CODE	QTY	RRP (\$)	TOTAL (\$)
Unit 1 - Physical Education - Trial Examination 1	STE/UIPE1		80.00	
Unit 1 - Physical Education TETs for SACs (6 SACs)	TET/UIPE		125.00	
Unit 1 - Physical Education - Key Topic Tests (4 Tests)	KTT/UIPE		90.00	
Unit 2 - Physical Education - Trial Examination 2	STE/U2PE2		80.00	
Unit 2 - Physical Education TETs for SACs (6 SACs)	TET/U2PE		125.00	
Unit 2 - Physical Education - Key Topic Tests (4 Tests)	KTT/U2PE		90.00	
Unit 3 - Physical Education - Trial Examination	STE/U3PE		90.00	
Unit 3 - Physical Education TETs for SACs (4 SACs)	TET/U3PE		90.00	
Unit 3 - Physical Education - Key Topic Tests (7 Tests)	KTT/U3PE		135.00	
Unit 4 - Physical Education TETs for SACs (4 SACs)	TET/U4PE		90.00	
Unit 4 - Physical Education - Key Topic Tests (4 Tests)	KTT/U4PE		90.00	
Units 3 & 4 - Physical Education - Trial Examination	STE/U34PE		95.00	
<b>EXAM PACKAGE</b> - Units 3 & 4 - Physical Education - Trial Exams (TSSM's 2011-2017 Trial Exam Papers have been updated for the new study design - package includes 7 trial exam papers)	STE/U34PE117		340.00	

TYS-Video Series (TYS-VS) & TYS Topic Titles for Physical Education	PRODUCT CODE	QTY	RRP (\$)	PRODUCT CODE	QTY	RRP (\$)	TOTAL (\$)
Topic 1 - The Human Body in motion: Musculoskeletal system (Unit 1)	TYS-VS/PE1		54.95	TYS/PE1		10.95	
Topic 2 - The Human Body in motion: Cardiorespiratory system (Unit 1)	TYS-VS/PE2		54.95	TYS/PE2		10.95	
Topic 3 - Physical Activity, Sport, & Society (Unit 2)	TYS-VS/PE3		54.95	TYS/PE3		10.95	
Topic 4 - Contemporary issues associated with physical activity and sport (Unit 2)	TYS-VS/PE4		54.95	TYS/PE4		10.95	
Topic 5 - Movement skills - skill acquisition (Unit 3)	TYS-VS/PE5		54.95	TYS/PE5		10.95	
Topic 6 - Movement skills - kinetic biomechanical principles (Unit 3)	TYS-VS/PE6		54.95	TYS/PE6		10.95	
Topic 7 - Movement skills - kinematic biomechanical principles (Unit 3)	TYS-VS/PE7		54.95	TYS/PE7		10.95	
Topic 8 - Movement skills - coaching and instruction (Unit 3)	TYS-VS/PE8		54.95	TYS/PE8		10.95	
Topic 9 - Movement skills - Sociocultural, Factors, Practice strategies and feedback (Unit 3)	TYS-VS/PE9		54.95	TYS/PE9		10.95	
Topic 10 - Movement skills - practice strategies and feedback (Unit 3)	TYS-VS/PE10		54.95	TYS/PE10		10.95	
Topic 11 - Energy for physical activity: fuels (Unit 3)	TYS-VS/PE11		54.95	TYS/PE11		10.95	
Topic 12 - Energy for physical activity: Characteristics of energy systems (Unit 3)	TYS-VS/PE12		54.95	TYS/PE12		10.95	
Topic 13 - Energy for physical activity: Interplay (Unit 3)	TYS-VS/PE13		54.95	TYS/PE13		10.95	
Topic 14 - Fatigue and Recovery (Unit 3)	TYS-VS/PE14		54.95	TYS/PE14		10.95	
Topic 15 - Energy for physical activity: Oxygen uptake (Unit 3)	TYS-VS/PE15		54.95	TYS/PE15		10.95	
Topic 16 - Energy for physical activity: Acute Physiological Responses (Unit 3)	TYS-VS/PE16		54.95	TYS/PE16		10.95	
Topic 17 - Training program: components of fitness (Unit 4)	TYS-VS/PE17		54.95	TYS/PE17		10.95	
Topic 18 - Training program: activity analysis (Unit 4)	TYS-VS/PE18		54.95	TYS/PE18		10.95	
Topic 19 - Training program: assessment of fitness (Unit 4)	TYS-VS/PE19		54.95	TYS/PE19		10.95	
Topic 20 - Improving fitness: training sessions and monitoring (Unit 4)	TYS-VS/PE20		54.95	TYS/PE20		10.95	
Topic 21 - Improving Fitness: Training Principles (Unit 4)	TYS-VS/PE21		54.95	TYS/PE21		10.95	
Topic 22 - Improving Fitness: Training Methods (Unit 4)	TYS-VS/PE22		54.95	TYS/PE22		10.95	
Topic 23 - Improving Fitness: Psychological Strategies (Unit 4)	TYS-VS/PE23		54.95	TYS/PE23		10.95	
Topic 24 - Improving Fitness: Nutrition & Hydration (Unit 4)	TYS-VS/PE24		54.95	TYS/PE24		10.95	
Topic 25 - Improving Fitness: Chronic Adaptations (Unit 4)	TYS-VS/PE25		54.95	TYS/PE25		10.95	

TYS-Video Series (TYS-VS) & TYS Topic Titles for Physical Education CONT.	PRODUCT CODE	QTY	RRP (\$)	PRODUCT CODE	QTY	RRP (\$)	TOTAL (\$)
Topic 26 - Legal & Illegal Substances & Methods (Unit 2)	TYS-VS/PE26		54.95	TYS/PE26		10.95	
<b>Special Offers for TYS-VS &amp; TYS:</b> Order all Physical Education Topics 1 to 26	TYS-VS/PEALL		1249.00	TYS/PEALL		225.00	

VCE OUTDOOR & ENVIRONMENTAL STUDIES RESOURCES - NEW STUDY DESIGN FOR 2024!	PRODUCT CODE	QTY	RRP (\$)	PRODUCT CODE	QTY	RRP (\$)	TOTAL (\$)
Unit 1 - Outdoor & Environmental Studies - Trial Exam 1	STE/UIOES1		80.00				
Unit 1 - Outdoor & Environmental Studies TETs for SACs (6 SACs)	TET/UIOES		125.00				
Unit 1 - Outdoor & Environmental Studies - Key Topic Tests (7 Tests)	KTT/UIOES		135.00				
Unit 2 - Outdoor & Environmental Studies - Trial Exam 2	STE/U2OES2		80.00				
Unit 2 - Outdoor & Environmental Studies TETs for SACs (6 SACs)	TET/U2OES		125.00				
Unit 2 - Outdoor & Environmental Studies - Key Topic Tests (6 Tests)	KTT/U2OES		125.00				
Unit 3 - Outdoor & Environmental Studies - Trial Exam	STE/U3OES		90.00				
Unit 3 - Outdoor & Environmental Studies TETs for SACs (6 SACs)	TET/U3OES		125.00				
Unit 3 - Outdoor & Environmental Studies - Key Topic Tests (8 Tests)	KTT/U3OES		150.00				
Unit 4 - Outdoor & Environmental Studies TETs for SACs (6 SACs)	TET/U4OES		125.00				
Unit 4 - Outdoor & Environmental Studies - Key Topic Tests (5 Tests)	KTT/U4OES		110.00				
Units 3 & 4 - Outdoor & Environmental Studies - Trial Exam	STE/U34OES		95.00				
<b>NEW EXAMS PACKAGE</b> - Units 3 & 4 - Outdoor & Environmental Studies - Trial Exams (TSSM's 2009-2023 Trial Exam Papers have been updated for the new study design - package includes 15 trial exam papers)	STE/U34OES0923		595.00				

NEW TYS-Video Series (TYS-VS) & TYS Topic Titles for Outdoor & Environmental Studies - NEW STUDY DESIGN FOR 2024!	PRODUCT CODE	QTY	RRP (\$)	PRODUCT CODE	QTY	RRP (\$)	TOTAL (\$)
Topic 1 - Ways of Knowing, Understanding and Experiencing Outdoor Environments (Unit 1)	TYS-VS/OES1		54.95	TYS/OES1		10.95	
Topic 2 - Biomes, Motivations and Responses to Outdoor Environments (Unit 1)	TYS-VS/OES2		54.95	TYS/OES2		10.95	
Topic 3 - Descriptions, Access, Technologies and Risk in Outdoor Environments (Unit 1)	TYS-VS/OES3		54.95	TYS/OES3		10.95	
Topic 4 - Safe, Sustainable and Independent Participation in Outdoor Environments (Units 1 & 2)	TYS-VS/OES4		54.95	TYS/OES4		10.95	
Topic 5 - Understanding Outdoor Environments (Unit 2)	TYS-VS/OES5		54.95	TYS/OES5		10.95	
Topic 6 - Impacts on Outdoor Environments (Unit 2)	TYS-VS/OES6		54.95	TYS/OES6		10.95	
Topic 7 - Changing Human Relationships with Outdoor Environments (Unit 3)	TYS-VS/OES7		54.95	TYS/OES7		10.95	
Topic 8 - Relationships with Australian Environments in the Past Decade (Unit 3)	TYS-VS/OES8		54.95	TYS/OES8		10.95	
Topic 9 - Environmental Issues and Social Debate about Outdoor Environments (Unit 3)	TYS-VS/OES9		54.95	TYS/OES9		10.95	
Topic 10 - The Pillars and Critiques of Sustainability (Unit 4)	TYS-VS/OES10		54.95	TYS/OES10		10.95	
Topic 11 - Characteristics to Assess the Health of Outdoor Environments (Unit 4)	TYS-VS/OES11		54.95	TYS/OES11		10.95	
Topic 12 - Threats to and the Importance of Healthy Outdoor Environments (Unit 4)	TYS-VS/OES12		54.95	TYS/OES12		10.95	
Topic 13 - Practices and Strategies for Sustaining Outdoor Environments (Unit 4)	TYS-VS/OES13		54.95	TYS/OES13		10.95	
Topic 14 - Investigating Outdoor Environments (Unit 4)	TYS-VS/OES14		54.95	TYS/OES14		10.95	
<b>Special Offers for TYS-VS &amp; TYS:</b> Order all Outdoor & Environmental Studies Topics 1 to 14	TYS-VS/OESALL		699.00	TYS/OESALL		140.00	

ORDER TOTALS (PLEASE COMPLETE)	POSTAGE & HANDLING	GRAND TOTAL \$
--------------------------------	--------------------	----------------

## Please Print

FULL NAME \_\_\_\_\_

SCHOOL ORDER NO. \_\_\_\_\_

SCHOOL NAME \_\_\_\_\_

SCHOOL ADDRESS \_\_\_\_\_

SUBURB \_\_\_\_\_ STATE \_\_\_\_\_ POSTCODE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

TELEPHONE \_\_\_\_\_ FACSIMILE \_\_\_\_\_

## Delivery

All orders will be delivered within 5 working days. Please select a delivery option:  
**Hard Copies**  
 Printed Format (Add postage & handling: 1-3 items \$18.95. 4-10 items \$21.95. Over 10 items \$24.95)  
**Electronic Copies**  
 PDF format on CD ROM (Add postage & handling \$11.95)  PDF format via Email (no postage & handling)

## Further Information

Further details on Trial Exam papers, TETs for SACs, KTT, TYS and TYS-VS are available at [www.tssm.com.au](http://www.tssm.com.au) or by calling 1300 134 518. Samples of our resources may be obtained by calling 1300 134 518.

## Investment Options (invoices will be issued to the school)

TSSM accepts payment via Cheque / Money Order, EFT and Credit Card. EFT details will be provided on School Invoices. Credit Cards can be processed online, or by telephone.

**Did you know that TSSM produces New Material Every Year?!**

We produce a new set of Trial Exam Papers, TETs for SACs and Key Topic Tests for each unit of each subject annually ensuring that all study design changes are reflected.

## Orders

**Online:** [www.tssm.com.au](http://www.tssm.com.au)  
**Email:** [info@tssm.com.au](mailto:info@tssm.com.au)  
**Phone:** 1300 134 518  
**Postal:** TSSM  
 Level 14, 474 Flinders Street  
 Melbourne VIC 3000

Refunds are not available for any resources being purchased/ordered. Cancellations are not available for any resources being purchased/ordered. Credits are not available for any resources being purchased/ordered. Alterations are not available for any purchases/orders made. It is the school's responsibility to ensure that double orders have not been made. Any double orders will be processed and delivered if received. Refunds or exchanges are not available for any of these resources. Invoices to the ordering school will be issued once the resources are published and delivered to the school. TSSM thoroughly checks the accuracy and relevance of all VCE resources, however prior to assessing students, it is the individual school's responsibility to ensure that these are an appropriate fit of assessment. The TYS-VS is offered on a license basis to the purchasing school, expiring at the end of the current study design for each subject. This means that access to the TYS-VS beyond the current study design will require another purchase of the resource. All prices quoted on this brochure are GST inclusive.

**Never used our resources before? Contact us today for free resource samples!**  
**Want to order TSSM's previous years' resources? Call 1300 134 518 to order today!** © TSSM 2023. ABN: 54099422670. ACN: 099422670.

**Did you know that TSSM offers a Professional Exam Marking Service?**  
 Interested in TSSM's Professional Exam Marking Service? Then email us on [info@tssm.com.au](mailto:info@tssm.com.au) with what you require and when it is required to be completed by and we will provide you a quote within 24 hours!



Helping VCE students be the best they can be.



Follow us ...

Trial Exam Papers, Targeted Evaluation Tasks (TETs) for School-assessed Coursework (SACs), Key Topic Tests (KTT), Teach Yourself Video Series (TYS-VS) for Topics in Units 1 to 4, Teach Yourself Series (TYS) for Topics in Units 1 to 4.

A: Level 14, 474 Flinders Street Melbourne Victoria 3000 T: 1300 134 518 E: [info@tssm.com.au](mailto:info@tssm.com.au) W: [tssm.com.au](http://tssm.com.au)